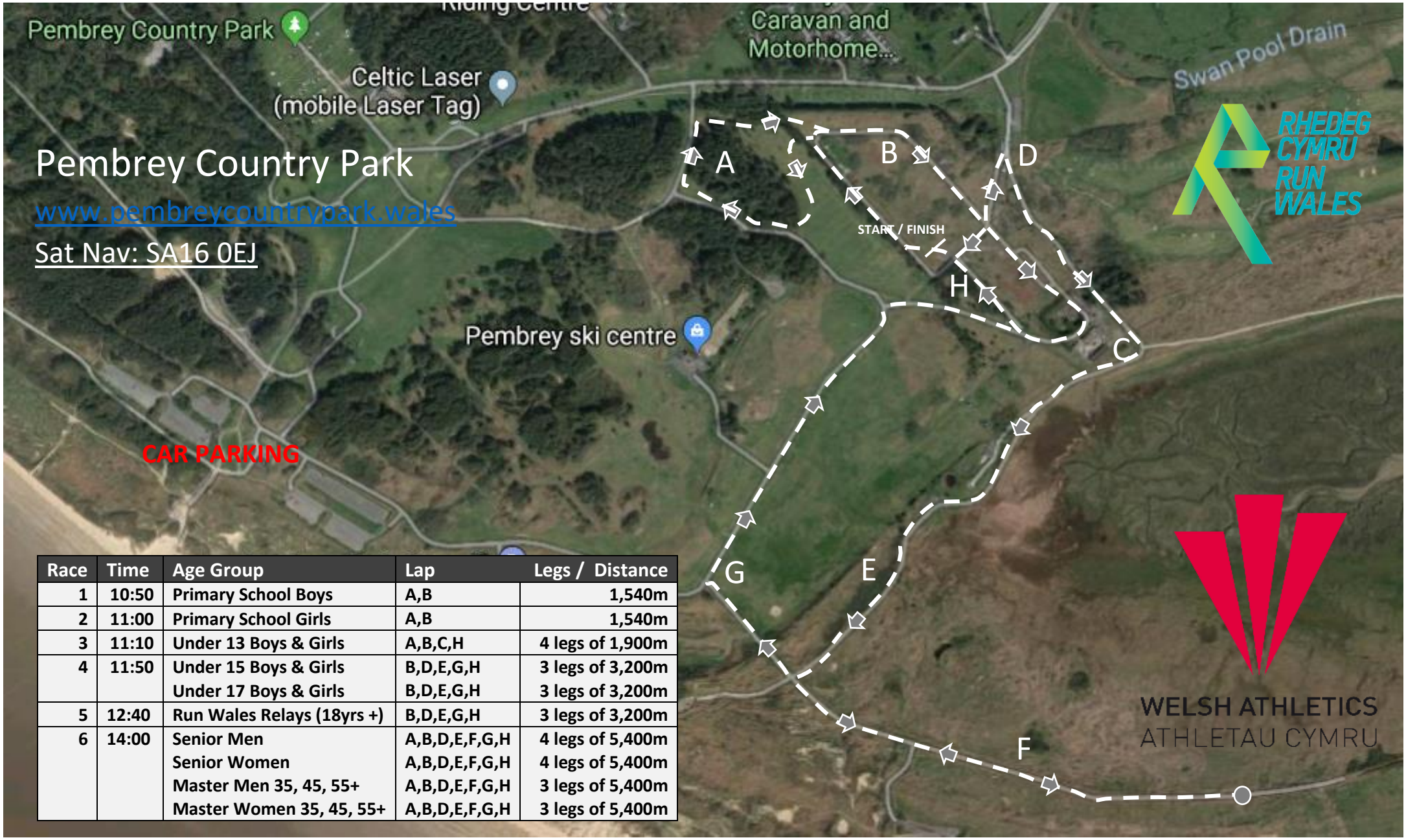
WELSH ROAD RELAY CHAMPIONSHIPS 2022
INC THE RUN WALES SOCIAL RELAYS

Pembrey Country Park, Llanelli, Carmarthenshire **Saturday 24th September**



Race	Time	Age Group	Lap	Legs / Distance
1	10:50	Primary School Boys	A,B	1,540m
2	11:00	Primary School Girls	A,B	1,540m
3	11:10	Under 13 Boys & Girls	A,B,C,H	4 legs of 1,900m
4	11:50	Under 15 Boys & Girls	B,D,E,G,H	3 legs of 3,200m
		Under 17 Boys & Girls	B,D,E,G,H	3 legs of 3,200m
5	12:40	Run Wales Relays (18yrs +)	B,D,E,G,H	3 legs of 3,200m
6	14:00	Senior Men	A,B,D,E,F,G,H	4 legs of 5,400m
		Senior Women	A,B,D,E,F,G,H	4 legs of 5,400m
		Master Men 35, 45, 55+	A,B,D,E,F,G,H	3 legs of 5,400m
		Master Women 35, 45, 55+	A,B,D,E,F,G,H	3 legs of 5,400m